

**Abstract**

A strap for a bow string release is provided to form a semi-closed (or open) hand receiving condition wrist strap for facilitating quick attachment and 5 detachment of the strap to the wrist. The strap facilitates one-handed coupling about an archers wrist by selectively maintaining the semi-closed (or semi-open) hand receiving condition so that the archer does not have to manually insert a first end of the strap through 10 a second end of the strap.